



CareFlex

Moving & Handling 2011



Comfort & Security



CareFlex

CareFlex have produced high quality, innovative moving and handling equipment and pressure management seating in the UK since 1995. Our excellent range of moving and handling equipment is designed with comfort and safety in mind, assisting in client transfers and reducing the risk of injury to both the carer and the person being moved.

Reuse v Dispose

The CareFlex ethos is that all products should be durable and reusable rather than thrown away after one or two uses. We do not believe in disposables due to their environmental impact and because they offer false economy. Whilst the initial cost of a pack of disposables may be significantly lower than a reusable item, ultimately the cost per use works out to be much

higher. This ethos is backed by the no quibble guarantee that all our products carry. Furthermore all the products in the range are easy to clean and many can be machine washed and dried which helps to reduce costs and increase convenience for the user.

No Quibble Guarantee

At CareFlex we pride ourselves on our meticulous attention to detail during manufacturing and the first class materials and components that we use.

These factors have led to CareFlex having an enviable reputation for producing premium quality moving and handling equipment. As a result we have the confidence to offer a 1 year warranty on all parts and labour throughout the range.



Transfer Belts

Deluxe ComfyBelt

The versatile Deluxe ComfyBelt is made from the finest quality materials and includes a PU coated lining which gives superior grip and extra security when transferring clients in a wide variety of situations. These include assisting a client to rise to standing and providing stability and support when walking.



ComfyKids

ComfyKids is a transfer belt designed specifically for paediatrics. It can be used for walking, cycling, horse riding, floor work or any situation where extra stability and security are required. Bright and cheerful, the belts help take some of the stress out of moving and handling.



HydroBelt

The totally waterproof/non absorbent HydroBelt is designed to offer assistance with moving and handling in 'wet' environments. Constructed from Neoprene™, the HydroBelt is ideal for bathing, showering, swimming and hydrotherapy. The superb non-slip quality and softness of the material makes it comfortable to wear both in and out of the water. Suitable for both children and adults, it is available in 4 different sizes.



ComfyBelt Partner

The ComfyBelt Partner is discreet and convenient. The simple, unpadded design means it is small enough to fit in the carer's pocket or even for them to wear round their waist meaning that they always have a transfer belt to hand should an unexpected situation arise.



ComfySling

The ComfySling is constructed from the same high quality webbing as our transfer belts but has looped hand holds instead of a buckle to provide the carer with an extended grip on the patient when handling in and around beds and/or chairs. The padded ComfySling is ideal for repositioning in bed and leg transfers.



Positioning Aids

ChestStrap

The ChestStrap was designed in conjunction with Wheelchair Services to provide secure upper body support for wheelchair users who are unable to retain an upright position. Padded for comfort, simple to adjust to the individual and fastened at the back with a quick release buckle, the ChestStrap is easy to fit as it does not need to be attached to the wheelchair frame.



One Way Slide Sheet

The One Way Slide Sheet is designed to be used as a moving and handling aid to help position the client so their pelvis is upright and supported in the back of a chair. It only rolls freely in one direction, completely locking to stop the client sliding forward, thus preventing them from sacral sitting.

The One Way Slide Sheet measures 420mm x 320mm and has an integral visco-elastic foam cushion to provide pressure relief for low to medium risk clients. This cushion means that the slide sheet is comfortable to sit on and can be left in place beneath the client, helping them to maintain their correct sitting position.



Slide Sheets

Slide Sheets

In addition to transfer belts, CareFlex also manufacture ComfySlide sheets. The low friction slide sheets are made from silicone impregnated nylon that can be used to assist in a vast range of transfers, helping to remove the need for manual lifting.

There are two types of slide sheets in the CareFlex range:

ComfySlides are roller slide sheets. This means that a single sheet has had both ends joined to create a loop. Roller slide sheets allow movement backwards or forwards either horizontally or vertically making them very versatile. They can be used in many ways including sliding a person up the bed to a sitting position or they can be left under a patient in bed, ready to use when the person has to turn over.



ComfySlide Packs consist of two flat slide sheets that are used by placing one sheet on top of the other and facilitate the widest range of moving and handling techniques as they allow the patient to be moved in all directions. Flat sheets should not be used to transfer from one product to another and should only be used by those who have had specific moving and handling training. The flat sheets have webbing handles sewn along the long edges and four 'pulley' straps that can be clipped to the handles.



All ComfySlide sheets can be machine washed and tumble dried, although fabric conditioner should not be used.

Slide Sheet Sizes

Chair Size (460 x 680mm)

ComfySlide (roller) only

General Purpose Size (710 x 1220mm)

Bed Size (710 x 2000mm)

Transfer Board

Secure and robust, the transfer board enables easy transfer of a patient from one level seat surface to another without putting a strain on the patient or the carer.



The board has many advantages:

- Its curved shape is of special benefit in restricted or confined spaces and also for angled transfers when furniture cannot be moved to accommodate a straight board
- Tapered ends to enable the board to be easily placed underneath the patient
- Promotes patient independence and reduces the carer's workload by enabling a patient to transfer/slide themselves from one level surface to another e.g. from bed to wheelchair
- They are versatile, cost effective items and can be used in a wide range of different transfer routines
- Maximum User weight of 120kg (19st)

General Guidelines for Moving & Handling

- Before carrying out any moving or handling procedure, a thorough risk assessment should be carried out to evaluate whether the equipment being used is fit for purpose
- The equipment should only be used by those who have had specific moving and handling training. If you are in doubt about any procedure please consult your moving and handling advisor
- When using a transfer belt or sling the client must be able to provide the majority of

standing effort, they are designed as aids to control movement and to provide support. If you find yourself supporting a load of more than 10kg (e.g. a bag of groceries) assist the client to a safe sitting position as soon as possible

- Transfer belts and slings should not be used to lift the client under any circumstances
- You must be able to let go of the belt should a client trip or fall to help prevent both parties being injured. Therefore, you must not fit your hands or wrists through the belt loops or handles
- Due to the low friction nature of slide sheets they should never be left unattended and should be stored safely after use
- Always ensure that any areas of the client's anatomy that could be affected by friction (e.g. heels, elbows) during the procedure are adequately protected
- Before each use check the item for any damage, tearing or fraying (paying particular attention to seams and buckles). If there are any signs of wear take the item out of service immediately

Moving & Handling Advice and Training

Training

The Disabled Living Foundation

www.dlf.org.uk

British Red Cross

www.redcrossfirstaidtraining.co.uk

Further Reading

"Introducing a Safer Patient Handling Policy"

Royal College of Nursing www.rcn.org.uk

"The Guide to the Handling of People"

"Safer Handling of People in the Community"

"A Carer's Guide to Safer Moving and Handling of patients"

All books produced by

BackCare www.backpain.org

Belt Sizes

Adult

Deluxe ComfyBelt/HydroBelt

Small	56cm – 81cm	(22" – 32")
Medium	71cm – 115cm	(28" – 45")
Large	101cm – 141cm	(40" – 56")

ComfySling

Small	91cm	(36")
Medium	107cm	(42")

ChestStrap

Small	61cm – 84cm	(24" – 33")
Medium	66cm – 106cm	(26" – 42")
Large	89cm – 136cm	(35" – 54")

Children

ComfyKids/HydroBelt

37cm – 64cm	(15" – 25")
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Delivery

Prices include packaging and delivery to UK mainland only for all items except the MEDesign® Curved Transfer Board where the nominal charges apply:

- 1 Board £5.00
- Between 2 to 5 Boards £10.00
- Between 6 to 10 Boards £12.00

For all deliveries outside the UK mainland please contact our Customer Service department for a quote.

Prices

ComfyKids	£22.00
Deluxe ComfyBelt (Small, Medium or Large)	£29.00
ComfyBelt Partner One Size Fits All	£10.00
ChestStrap (Small, Medium or Large)	£29.00
ComfySling (Small or Medium)	£29.00
HydroBelt (XSmall, Small, Medium or Large)	£42.00
ComfySlide Sheet Bed Size (Roller)	£30.00
ComfySlide Sheet General Purpose (Roller)	£20.00
ComfySlide Sheet Chair Size (Roller)	£15.00
ComfySlide Sheet Pack Bed Size*	£80.00
ComfySlide Sheet Pack General Purpose*	£70.00
One Way Slide Sheet	£70.00
MEDesign® Curved Transfer Board (excludes packaging and delivery)	£35.00
Pack of four Pulley Straps	£12.00

*Pack includes two flat sheets with handles and four 'pulley' straps.

Prices are correct as of 3rd January 2011.

All prices exclude VAT, however most items are zero-rated for VAT providing that the goods are:

- Purchased by a disabled person for personal or domestic use
- Purchased by a registered charity and made available to disabled persons for personal or domestic use

In order to qualify for zero-rating a signed declaration form must accompany an order otherwise VAT will be charged at the prevailing rate. Please contact our Customer Service Department for a copy of the declaration form.

How to Order

Ordering our range of moving and handling equipment could not be easier.

- Order online at www.careflex.co.uk Simply click on Moving and Handling and follow the on screen instructions
- Order by phone 0800 0186440 Monday – Friday 9am - 5pm
- CareFlex account holders can order by fax 01626 836441 and should provide an official order number
- Order by post. Please ensure you state product name, quantity, size, any additional product details and enclose payment by cheque including VAT made payable to CareFlex
- If personal VAT exemption applies it is necessary to forward a VAT zero rating declaration with your order

(please refer to Prices section)

Should you require any further information on how to order please do not hesitate to contact us on our Customer Careline.

Unit 1, Templer House
King Charles Business Park
Old Newton Road
Heathfield
Newton Abbot
Devon TQ12 6UT

Tel: 00 44 (1)626 836440

Fax: 00 44 (1)626 836441

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Rehabilitation category winner BHTA Excellence Awards 2008, 2009 & 2010

CareFlex is a member of the British Healthcare Trades Association. For more information visit www.bhta.com or call 0207 702 2141

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